

# Clinical Applications Of Chitosan In Dentistry- A Review Chitosan In Dentistry

Rajendran Vikash<sup>1</sup>, Suresh Mitthra<sup>2</sup>, Ramachandran Tamilselvi<sup>3</sup>, Paramasivam  
Vivekanandhan<sup>4</sup>

<sup>1</sup>B.D.S., First yr Postgraduate student Department of Conservative Dentistry and Endodontics, Sree Balaji Dental College and Hospital, Bharath Institute of Higher Education and Research, Narayanapuram, Pallikaranai, Chennai-600 100. Tamilnadu – 603 203 India.

<sup>2</sup>M.D.S, Reader Department of Conservative Dentistry and Endodontics, Sree Balaji Dental College and Hospital, Bharath Institute of Higher Education and Research, Narayanapuram, Pallikaranai, Chennai-600 100. Tamilnadu – 603 203 India.

<sup>3</sup>M.D.S, Reader Department of Conservative Dentistry and Endodontics, Sree Balaji Dental College and Hospital, Bharath Institute of Higher Education and Research, Narayanapuram, Pallikaranai, Chennai-600 100. Tamilnadu – 603 203 India.

<sup>4</sup>M.D.S, Professor Department of Conservative Dentistry and Endodontics, Sree Balaji Dental College and Hospital, Bharath Institute of Higher Education and Research, Narayanapuram, Pallikaranai, Chennai-600 100. Tamilnadu – 603 203 India

E mail id: <sup>1</sup>rvikash97@gmail.com, <sup>2</sup>malu.dr2008@yahoo.com,  
<sup>3</sup>drtamilchandran@yahoo.co.in, <sup>4</sup>endovivek@gmail.com

**ABSTRACT:** *Chitosan, a multipurpose hydrophilic polysaccharide derived from chitin (derivative of glucose), has better biocompatibility, anti-inflammatory property and has broad antimicrobial spectrum (gram-negative, gram-positive bacteria as well as fungi). The unique properties of Chitosan have concerned scientists around the globe to explore it for bio-dental applications. Main aim of this review paper is to discuss the application of chitosan biomaterial in the field of dentistry.*

**Keywords:** *Chitosan, biopolymer, bio polysaccharide, chitin*

## 1. INTRODUCTION

Chitosan, is a bio polymeric material obtained from the alkaline deacetylation of chitin it's comprised of N-acetylglucosamine and glucosamine copolymer units.<sup>[1]</sup> The copolymer obtained has excellent biocompatibility, selective permeability, polyelectrolyte action, antimicrobial activity, anti-inflammatory and wound healing properties.<sup>[2]</sup> These unique properties have led to newer opportunities in the field of bioengineering and tissue regeneration. Chitosan has been already used in the field of hard tissue and soft tissue repairs. All through this review our aim is to discuss potential applications of chitosan in dentistry, including the advantages and further prospects.

### Chitosan Composition

Chitosan is the most abundant biopolymer and is structurally similar to glucose. Term chitosan usually signifies cationic copolymers consisting of 2-amino-2-deoxy-β-D-glucose

(60-100%) and 2-acetamino -2-deoxy- $\beta$ -D-glucoside (0-50%), bound together by  $\beta$  (1 $\rightarrow$ 4) bonds.<sup>[3-4]</sup> Chitosan is soluble in dilute acids but its solubility depends on degree of deacetylation, molar mass, concentration of acid and biopolymer and ionic strength.<sup>[5]</sup> Chitosan has been used in several areas in the field of dentistry due to its properties such as biodegradability, biocompatibility, hydrophilicity, antibacterial properties, bioactivity, chelation ability and ability to form processed such as gel, pastes, film, membranes and solution.

### **Properties Of Chitosan Pertinent To Dentistry**

Five important properties of chitosan relevant to field of dentistry are, anti-inflammatory, wound healing, bioactivity, haemostasis and hard tissue (bone) repair.

#### **Anti-inflammatory**

Inflammation is natural process of body expressed against physical, chemical and biological factors. Studies have revealed that chitosan and its derivatives are able to stimulate this process in many different ways. It is associated with the presence of N-acetyl-D-glucosamine, which stimulates inflammatory cells such as macrophages, PMN neutrophils and fibroblasts.<sup>[6]</sup>

#### **Bioactivity**

Relationship between chitosan and calcium-phosphate mineral hold out a high degree of bioactivity, which appears to be favoured by the functional and structural versatility of chitosan.<sup>[7]</sup>

#### **Wound healing and hemostasis**

Bleeding is the most common problem encountered after performing any invasive procedure. It is important to achieve proper haemostasis to promote wound healing. The most common method to control bleeding is to use hemostatic agent. Chitosan release -acetylglucosaminidase N, a product of hydrolytic and enzymatic degradation, increases the biosynthesis of hyaluronic acid and extra cellular components related with scarring formation. Chitosan aids in the release of increased number of collagen and osteopontin and a substantial infiltration of polymorphonuclear leucocytes (PMN).<sup>[8]</sup>

#### **Hard Tissue Repair**

Chitosan has been introduced in to the field of bioengineering and tissue regeneration due to its superior biocompatibility and biodegradable property. Many studies have revealed that chitosan scaffold triggers osteoblastic activity and could increase osteogenesis.<sup>[9]</sup>

### **APPLICATION OF CHITOSAN IN DENTISTRY**

#### *Oral Drug Delivery*

Chitosan as nano-particles and resorbable film can be used to deliver antibiotics to periodontal tissues in situ<sup>[10]</sup>, against fungal infections<sup>[11]</sup> and oral mucositis. These nanoparticles have higher surface area and reactivity to facilitate the drug release.<sup>[12,13]</sup> Chitosan nanoparticles possess bacteriostatic and bactericidal actions against a variety of oral microorganisms. They have low toxicity and superior biodegradability property. In dentistry, Chitosan has displayed effective plaque control by inhibiting specific dental plaque pathogens.<sup>[14,15]</sup>

### **Dentifrices**

Dentifrices/toothpaste plays a major role in oral hygiene maintenance. Many dentifrice/toothpaste with diverse formulation has been introduced and studied over the years. Formulation includes 5%  $\text{KNO}_3$ <sup>[16-18]</sup>,  $\text{SnF}_2$ <sup>[19,20]</sup> and nanohydroxyapatite, with the intention of complementing the action of sodium fluoride towards remineralisation and remineralization of enamel. Ganss et al. stated the commercially obtainable chitosan-based dentifrice (Chitodent® (B&F)), is a non-fluoride formulation, and highlighted a significant reduction of tissue loss.<sup>[21]</sup>

### **Guided Tissue Regeneration**

Periodontitis is defined as a chronic inflammatory disease resulting in inflammation within the supporting tissues of the tooth leading to progressive destruction periodontal ligament and alveolar bone loss.<sup>[22]</sup> Clinicians and researchers showed immense interest in developing regenerative periodontal therapeutic strategies in the concept of guided tissue regeneration (GTR) or guided bone regeneration (GBR). This membrane acts as a physical barrier and allows cellular infiltration into the osseous defects, thereby encouraging osseous regeneration and providing spaces for fibrous tissue proliferation simultaneously.<sup>[23]</sup> Membrane should be bio-degradable, osseoconductive and biocompatible, chitosan poses all the characteristics mentioned above and acts as a favourable substrate material for periodontal tissue regeneration. Some investigators have worked on chitosan membranes coated with bioactive materials such as hydroxyapatite and tricalcium phosphate.

### **Regeneration of Enamel**

Enamel is the hardest tissue in the human body devoid of vascular supply hence the regeneration or repair of enamel is challenging process. Chitosan-based restorative formulations have been explored over the years and are under consideration for accomplishing human enamel regeneration through successful delivery of organic amelogenin at the site of enamel defects. Ruan et al evaluated chitosan-based hydrogel as a delivery medium for amelogenin for repairing or regenerating the enamel defects<sup>[24]</sup> that also prevented the occurrence of secondary caries.

### **Coating for Dental Implants**

Success of dental implant depends on the osseointegration and deposition of alveolar bone around the implant surface. To improve the osseointegration property of the dental implant chitosan coating has been used recently.<sup>[25]</sup> The chitosan coating may affect the implant surface and bone interface by altering biological, mechanical and morphological properties. Chitosan coatings are used to deliver several medicaments such as antibiotics, locally around the implant surface area.

### **Collagen stabilization**

Chitosan used for pretreatment of the etched enamel and dentin has shown to enhance collagen stabilization and thereby provide increase bond strength while restoring with composite resin restorations. Dentin collagen pretreated with chitosan resists degradation, by the formation of ionic complexes between carboxymethyl-chitosan (CMCS) and collagen mediated by intermolecular interactions between positive and negative units.<sup>[26]</sup>

## 2. CONCLUSION

Dental application of chitosan as a biomaterial ranges from restorative material to tissue regeneration. Though it has few limitations, further studies have to be done to explore the uses of chitosan in the field of dentistry.

SOURCE OF FUNDING : Nil.

ETHICAL CLEARANCE : Not required for a review manuscript.

CONFLICT OF INTEREST : Nil.

## 3. REFERENCES

- [1.] Younes I, Rinaudo M. Chitin and chitosan preparation from marine sources. Structure, properties and applications. *Marine drugs*. 2015 Mar;13(3):1133-74.
- [2.] Kmiec M, Pighinelli L, Tedesco MF, Silva MM, Reis V. Chitosan-properties and applications in dentistry. *Adv Tissue Eng Regen Med Open Access*. 2017;2(4):00035.
- [3.] Husain S, Al-Samadani KH, Najeeb S, Zafar MS, Khurshid Z, Zohaib S, Qasim SB. Chitosan biomaterials for current and potential dental applications. *Materials*. 2017 Jun;10(6):602.
- [4.] Canella KM, Garcia RB. Characterization of chitosan by gel permeation chromatography-influence of preparation method and solvent. *Química Nova*. 2001 Feb;24(1):13-7.
- [5.] Varma AJ, Deshpande SV, Kennedy JF. Metal complexation by chitosan and its derivatives: A review. *CarbohydrPolym*. 2004;55(1):77–93.
- [6.] Tavarria FK, Costa EM, Pina Vaz I, et al. A quitosanacomo biomaterial odontológico: estado da arte. *Rev Bras EngBioméd*. 2013;29(1):110– 120.
- [7.] Mattioli Belmonte M, De Benedittis A, et al. Bioactivity of chitosan in dentistry. Preliminary data on chitosan-based cements. *Minerva Stomatol*. 1999;48(12):567–576.
- [8.] Ji QX, Lü R, Zhang WQ, Deng J, Chen XG. In vitro evaluation of the biomedical properties of chitosan and quaternized chitosan for dental applications. *Carbohydrate research*. 2009 Jul 27;344(11):1297-302.
- [9.] Park YJ, Lee YM, Park SN, et al. Platelet derived growth factor releasing chitosan sponge for periodontal bone regeneration. *Biomaterials*. 2000;21(2):153–159.
- [10.] Qasim SB, Najeeb S, Delaine-Smith RM, Rawlinson A, Rehman IU. Potential of electrospun chitosan fibers as a surface layer in functionally graded GTR membrane for periodontal regeneration. *Dental Materials*. 2017 Jan 1;33(1):71-83.
- [11.] Aksungur P, Sungur A, Ünal S, Iskit AB, Squier CA, Şenel S. Chitosan delivery systems for the treatment of oral mucositis: in vitro and in vivo studies. *Journal of controlled release*. 2004 Aug 11;98(2):269-79.
- [12.] Paul DR, Robeson LM. Polymer nanotechnology: nanocomposites. *Polymer*. 2008 Jul 7;49(15):3187-204.
- [13.] Khurshid Z, Zafar M, Qasim S, Shahab S, Naseem M, AbuReqaiba A. Advances in nanotechnology for restorative dentistry. *Materials*. 2015 Feb;8(2):717-31.
- [14.] Sarasam AR, Brown P, Khajotia SS, Dmytryk JJ, Madihally SV. Antibacterial activity of chitosan-based matrices on oral pathogens. *Journal of Materials Science: Materials in Medicine*. 2008 Mar 1;19(3):1083-90.
- [15.] Hayashi Y, Ohara N, Ganno T, Yamaguchi K, Ishizaki T, Nakamura T, Sato M. Chewing chitosan-containing gum effectively inhibits the growth of cariogenic bacteria. *Archives of oral biology*. 2007 Mar 1;52(3):290-4.

- [16.] Maggio B, Guibert RG, Mason SC, Karwal R, Rees GD, Kelly S, Zero DT. Evaluation of mouthrinse and dentifrice regimens in an in situ erosion remineralisation model. *Journal of Dentistry*. 2010 Nov 1;38:S37-44.
- [17.] Zero DT, Hara AT, Kelly SA, González-Cabezas C, Eckert GJ, Barlow AP, Mason SC. Evaluation of a desensitizing test dentifrice using an in situ erosion remineralization model. *The Journal of clinical dentistry*. 2006 Jan 1;17(4):112-6.
- [18.] Hara AT, Kelly SA, González-Cabezas C, Eckert GJ, Barlow AP, Mason SC, Zero DT. Influence of fluoride availability of dentifrices on eroded enamel remineralization in situ. *Caries Research*. 2009;43(1):57-63.
- [19.] Young A, Thrane PS, Saxegaard E, Jonski G, Rölla G. Effect of stannous fluoride toothpaste on erosion-like lesions: an in vivo study. *European Journal of Oral Sciences*. 2006 Jun;114(3):180-3.
- [20.] Hooper SM, Newcombe RG, Faller R, Eversole S, Addy M, West NX. The protective effects of toothpaste against erosion by orange juice: studies in situ and in vitro. *Journal of Dentistry*. 2007 Jun 1;35(6):476-81.
- [21.] Ganss C, Lussi A, Grunau O, Klimek J, Schlüter N. Conventional and anti-erosion fluoride toothpastes: effect on enamel erosion and erosion-abrasion. *Caries research*. 2011;45(6):581-9.
- [22.] Stockmann P, Park J, von Wilmsowky C, Nkenke E, Felszeghy E, Dehner JF, Schmitt C, Tudor C, Schlegel KA. Guided bone regeneration in pig calvarial bone defects using autologous mesenchymal stem/progenitor cells—a comparison of different tissue sources. *Journal of Cranio-Maxillofacial Surgery*. 2012 Jun 1;40(4):310-20.
- [23.] Bottino MC, Thomas V, Schmidt G, Vohra YK, Chu TM, Kowolik MJ, Janowski GM. Recent advances in the development of GTR/GBR membranes for periodontal regeneration—a materials perspective. *Dental materials*. 2012 Jul 1;28(7):703-21.
- [24.] Ruan Q, Siddiqah N, Li X, Nutt S, Moradian-Oldak J. Amelogenin–chitosan matrix for human enamel regrowth: effects of viscosity and supersaturation degree. *Connective tissue research*. 2014 Aug 15;55(sup1):150-4.
- [25.] Bumgardner JD, Chesnutt BM, Yuan Y, Yang Y, Appleford M, Oh S, McLaughlin R, Elder SH, Ong JL. The integration of chitosan-coated titanium in bone: an in vivo study in rabbits. *Implant dentistry*. 2007 Mar 1;16(1):66-79.
- [26.] Nivedita L, Prakash V, Mitthra S, Mary NS, Venkatesh A, Subbiya A. Evaluation of the effect of collagen stabilizing agents like chitosan and proanthocyanidin on the shear bond strength to dentin and microleakage of resin composite at enamel and cemental walls: An in vitro study. *Journal of Conservative Dentistry*. 2019 Sep;22(5):483-489.